I’m a First Year Student - How Can the Becker Career Center Help Me?

You feel like you have no idea what to do with your life, you’re unsure of your major or you’re not sure which career path is right for you.

✓ We can consider doing an assessment that helps you identify interests and personal values that will help determine your academic major and career path. Assessments offer suggestions on majors, clubs and students organizations, as well as future jobs that fit with your assessment results. We will walk you through the career exploration process, where you can research potential career paths that align with your interests, skills and values.

You want to find an internship or you’re thinking about employment or graduate school in the future.

✓ We can teach you how to effectively use online databases to search for internships and graduate schools. We’ll give you access to several internship search databases, including HireU, where employers are looking to hire Union students.

You need to prepare professional documents to apply for an opportunity.

✓ We can help you create or review your resume, cover letter, personal statement and professional emails while tailoring them for each internship or graduate school that you apply to.

You want to network and build connections at a social gathering, a career fair, or with Union Alumni.

✓ We can teach you effective networking strategies through 1-1 meetings and our Guide to Networking which gives you tips, email drafts, and a suggestion of key questions to ask while networking. You can also attend one of our Career Fair prep sessions, which occur throughout the year. We’ll connect you with Union Alumni through UCAN and teach you how to reach out to them to learn and build genuine relationships.

You are preparing for an interview.

✓ You can meet 1-1 with an advisor to learn about common interview questions associated with the opportunity you’re applying for. We will give you tips on how to answer the questions along with basic interview etiquette.

You need to learn how to use LinkedIn or other social media platforms to improve your social media brand.

✓ Attend our LinkedIn or “What is Your Social Media Brand?” workshops occurring throughout the year, or set up a 1-1 appointment with one of the Becker Career Advisors.

You need help with something else related to your professional development or your internship or graduate school search and application process.

We can help you. Call the Becker Career Center at 518.388.6176 to schedule an appointment or visit our website to further review our resources: http://www.union.edu/offices/career/

Advice from recent Union graduates: “In order to be competitive, get started early!”