




## PRE-ORIENTATION EXPERIENCE

### 2017 Union College Outdoor Pre-Orientation – Ironman Itinerary

#### YMCA Camp Chingachgook – Schedule at a glance (subject to change due to weather)

All students will move into their residence hall room between 9-12pm on Wednesday (8/30) and will leave for YMCA Camp Chingachgook in the afternoon. Upon returning to Union on Friday (9/2) evening, the Outdoor Pre-Orientation group will meet up with all of the other Pre-Orientation groups for a fun evening activity. On Saturday morning the Outdoor Pre-Orientation group will spend the day with all of the other Pre-Orientation groups doing an off campus activity. \*All activities are mandatory – students are required to attend all parts of the Outdoor Pre-Orientation Experience if they register for this program. Regular Orientation will begin on Sunday, September 3<sup>rd</sup>.

Contact the Minerva Office ([outdoor@union.edu](mailto:outdoor@union.edu)) for questions or more information.

Wednesday (8/30)	Thursday (8/31)	Friday (9/1)	Saturday (9/2)
-	Breakfast at campsite	Breakfast at campsite	Sleep in!
3PM: Arrive at Chingachgook; trip orientation; pack out.  Practice paddle skills and rescues in the bay area.  Paddle south to Long Island for the evening and swimming from the campsite.	Paddle north towards the Narrows, stopping at Shelving Rock Falls along the way.  Set up campsites in the Narrows and paddle to Montcalm Point to summit First Peak on the Tongue Range if time permits.  Return to the campsites in the Narrows for group closing campfire.	Early AM: Break camp and paddle back to Chingachgook. Stopping at Log Bay to swim and have a snack.  Return to Chingachgook by noon to unload canoes and for lunch.  PM: Help clean gear; then depart for Union at 2:30pm.	We'll join the other Pre-Orientation groups for an all day trip off campus to meet and bond with other incoming first year students. (~11:00AM-11:00PM)
Dinner at campsites	Dinner at campsites	Snacks at the Kelley Adirondack Center	
Evening: Star Gazing	Evening: Campfire	Evening activity with other Pre-Orientation groups	
<i>Campsite: Long Island</i>	<i>Campsite: Narrow Islands</i>		