

Union College
2015 Pre-Orientation Trip to Camp Chingachgook
September 3-5, 2015

Into the Wild: Limited to 80 students

Iron Man: Limited to 20 students

Into the Wild Schedule* (subject to change slightly)		
Thursday	Friday	Saturday
9-12:30 Move in, check in & grab lunch at Union College	7:00 Polar Bear Swim	7:00 Pack Up
1:00 Depart for Camp Chingachgook	8:00 Breakfast	8:00 Breakfast
2:30 Arrive at Camp Chingachgook	9:00 Activities	9:00 Buck Mountain Hike
Ice Breakers & Group Games	12:00 Lunch	Lunch at the summit
Orientation & Settle In	Orientation	2:00 camping trip and hike return
5:00 Choice Time	2:00 Activities	2:30 Final Wrap up
6:00 Dinner	5:00 Choice Time	3:30 Departure for Union College
7:00 Cabin Time	6:00 Dinner	5:00 Arrival at Union College
7:30 Evening Activity	7:00 Cabin Time	6:00 Shuttle begins running students to Kelly Adirondack Center for dinner (located 2 miles from campus)
10:00 Quiet Hours	7:30 Evening Activity	
	10:00 Quiet Hours	

Day Activities

Teambuilding/Low Ropes, High Ropes & Climbing Tower, Voyager Canoe, Buck Mountain Hike

Choice Activities: Swim, Stand up paddle board, Basketball, Hikes, GaGa ball, Tennis

Evening Activities

Night hike, campfire, movie, trivia

Iron Man Expedition

The Island Canoe Trip, three day adventure, includes Voyager canoeing, hiking at various levels of challenge, tent camping, and fine outdoor living on Lake George, the Queen of Lakes in the beautiful Adirondack Mountains.

Day One

Arrival at Camp Chingachgook for ice breakers, trip preparation, and departure to the Narrows on Lake George. Led by Chingachgook trip leaders, students will be paddling to a state owned island campsite in 15 ft. Voyager Canoes.

Day Two

In close proximity to the island campsites are several hiking options the group will chose from.

Day Three

Students paddle to Shelving Rock Falls for a picnic lunch and then return to Camp Chingachgook to wrap up their trip.