


## 2018 Union College Outdoor Pre-Orientation – Ironman Itinerary

### YMCA Camp Chingachgook – Schedule at a glance (subject to change due to weather)

All students will move into their residence hall room between 9-12pm on Wednesday (8/29) and will leave for YMCA Camp Chingachgook by 1:00pm. Prior to returning to Union on Friday (8/31) evening, the Outdoor Pre-Orientation group will stop at the Kelley Adirondack Center for a tour and dinner. The Outdoor Pre-Orientation group will spend the day with all of the other Pre-Orientation groups doing an off campus activity. \*All activities are mandatory – students are required to attend all parts of the Outdoor Pre-Orientation Experience if they register for this program. Regular Orientation will begin on Sunday, September 2<sup>nd</sup>.

Contact the Minerva Office ([outdoor@union.edu](mailto:outdoor@union.edu)) for questions or more information.

Wednesday (8/29)	Thursday (8/30)	Friday (8/31)	Saturday (9/1)
-	Breakfast at campsite	Breakfast at campsite	Sleep in!
<p>3PM: Arrive at Chingachgook; trip orientation; pack out.</p> <p>Practice paddle skills and rescues in the bay area.</p> <p>Paddle south to Long Island for the evening and swimming from the campsite.</p>	<p>Paddle north towards the Narrows, stopping at Shelving Rock Falls along the way.</p> <p>Set up campsites in the Narrows and paddle to Montcalm Point to summit First Peak on the Tongue Range if time permits.</p> <p>Return to the campsites in the Narrows for group closing campfire.</p>	<p>Early AM: Break camp and paddle back to Chingachgook. Stopping at Log Bay to swim and have a snack.</p> <p>Return to Chingachgook by noon to unload canoes and for lunch.</p> <p>PM: Help clean gear; then depart for Union at 3:30pm.</p>	<p>We'll join the other Pre-Orientation groups for an all day trip off campus to meet and bond with other incoming first year students.</p> <p>(~11:00AM-11:00PM)</p>
Dinner at campsites	Dinner at campsites	Dinner at the Kelley Adirondack Center	
Evening: Star Gazing	Evening: Campfire	Evening activity on campus	
<i>Campsite: Long Island</i>	<i>Campsite: Narrow Islands</i>		