Athletics - Training

The responsibilities of student athletic trainers are to assist certified athletic trainers (ATCs) in providing the highest care possible to the student-athletes at Union College.

Responsibilities of the Student Athletic Trainer:

- **Practice and Event Set up**
  - a. At least one hour prior to practice, deliver water and emergency supplies to proper locations
  - b. At least 2 hours (football- 3 hours) prior to event, deliver water and emergency supplies to proper locations
  - c. Provide assistance to ATC before, during, and after practice or event. Assistance can range from minor first aid to medical emergency.

- **Assist ATC with student athlete rehabilitation**

- **Athletic Training Room maintenance; includes, but is not limited to, the following:**
  - a. Transport laundry to and from the equipment room
  - b. Fold towels – roll up ace wraps – neoprene
  - c. Stock cabinets with necessary taping supplies
  - d. Stock freezers – ice cups
  - e. Clean all taping tables, treatment tables, pillows, exercise equipment, ice buckets, coolers and whirlpool
  - f. Mop floor
  - g. Monitor hydroculator water level – fill, if necessary

- **Clerical Duties; includes, but is not limited to, the following:**
  - a. Data inputting
  - b. Paper filing

- **Attend bi-weekly scheduling and instructional meetings**

- **Student will become First Aid and Adult CPR (AED) certified**

**Student athletic trainer – EMT certified**

Students possessing EMT certification are permitted to cover low collisions sports practices, if necessary. *Student must demonstrate responsible decision making and first aid skills before this can occur.*

**Qualifications:**

- Must be willing to work in a variety of environments: indoor, outdoor, rain, snow, heat, etc.
- Should be personable. He/she will work with a diverse population including administrators, coaches, facilities personnel and student athletes