

Crisis Situations

For some students, situations arise where outside assistance is necessary. Some examples of this include (but are not limited to):

- If there is any mention of suicide
- If your child is excessively spending money, appears depressed, anxious, or agitated
- If your child is engaging in unusual or risky behavior
- If your child is dealing with a substance use/abuse issue
- If your child has a history of psychological and/or treatment issues

Union College provides many resources and professionals with specialized skills and training for if/when situations like these arise. One of the psychologists at the Counseling Center would be glad to discuss any issue with you. If there is any mention of suicidal thinking, it is important to let us know so we can address the issue and do our best to ensure the safety of your child. We can be reached at (518) 388-6161.

Please remember, however, that state and federal laws regarding confidentiality apply to the Counseling Center staff. These laws, along with professional ethics, prohibit the Counseling Center staff from talking with you about your child unless your child has provided written consent for such communication. However, you are always welcome to provide us with information.