

Name	Doctors	Address	Phone	Hours	Area of Expertise	Accepted Insurances	How much is the cost if you don't have insurance? Sliding Scale or Pay out of Pocket?	Average Wait Time	Currently taking clients?	Any referrals not welcomed?	Distance from campus	Website
Union Street Counseling	Mark Koppert, MEd, MSW, NYS Rebecca Janssen, LMHC Marcia Lavin, LMHC Paul Partridge, PhD Elsie Plevina, PhD Marylene Yates, PhD Andrea Berkowitz, LCSW-R Eugene Garber, LCSW-R Kendall Hardy, LCSW Richard Kelly, LCSW-R James Park, LCSW Fitzhugh Busse, LCSW-R	1311 Union Street, Scheneectady, NY 12308	(518)374-6263	M-TH: 9am-5pm F: 9am-5pm	Depression Anxiety Marital, Relationship, and Family Difficulties Behavior Problems in children and adolescents ADHD Bipolar disorder Schizophrenia Eating disorders Borderline personality disorder	APA Insurance Monsieur Valley Physicians Health Plan (MVP) Blue Shield of Northeastern New York (BSENNY) Empire Value Options Capital District Physicians Health Plan (CDPHP) United Behavioral Health (UBH) United Healthcare	Self pay initial: 1st visit and follow ups \$75 Medication management: 1st visit \$187, follow up \$75	Medication - 1-2 weeks Therapy - 1-2 weeks	Yes	Will not take substance abuse unless they have been sober for at least 6 months	- 1 mile	http://www.unionstreetcounseling.com/
The Union Center	Lee F. Nagel, PhD J. Eva Nagel, PhD	1583 Union Street Schenectady, NY 12309	(518) 374-7347	T, Th: 9am-5pm W: 9am-7pm	ADHD, Oppositional Defiant Disorder, Conduct Disorder Anxiety, Panic Attacks Chronic illness and pain Anger Management Anxiety and Panic Attacks Depression Obsessive Compulsive Disorder Grief and Loss Personality Disorders Stress management Trauma and abuse Work stress issues	Has not met an insurance that he doesn't take	-\$100 Does sliding scale	-A week	Yes	Will take anyone	- 2 miles	http://theunioncenter.com/index.html
Northeast Psychological Associates	Edmund Burke, Ph.D. Michelle Beckwith, MD Jon Cizank, LCSW-R Vance Hackel, LCSW John Heston, Psy.D Susan Kim, Ph.D. Patricia Lincant, LCSW-R Nancy McKenna, LCSW-R Patricia F. Connel, LCSW-R Nathan Naparski, Ph.D Linda Shapiro, Ph.D Rebecca Cooper, LCSW-R Michael Dobbin, Psy.D	Hanover Square 455 New Koser Rd. Albany, NY 12205	(518) 456-2000	Day, evening and limited weekend appointments are available, usually within 72 hours of your initial call to the office	ADHD, Depression and Anxiety Marital, Family, and Relationship Counseling Stress Management Alcohol and Drug Dependence Evaluations Treatment of Codependence and ADCA Issues Women's and Men's Issues Pain Management/Behavioral Medicine Relaxation/Biofeedback Training Assessment and Treatment of Eating Disorders Grief/Bereavement Counseling Treatment of Sexual Abuse/Incest Issues	Medicare Blue Shield CDPHP CH CIGNA TRICARE MVP United Behavioral Health C/MC Health None North American Administrators Vista Options					- 8 miles	http://www.npsach.com
Associates in Mental Health and Neuropsychology	Mark Rogerson, Ph.D. Alison O. Curley, Ph.D. Erica R. Ellis, Ph.D.	2310 Not Street East Niskayuna, New York 12309	(518) 372-6080	Depends on the doctor but typically M-F 9-5pm	Psychotherapy Individual therapy Academic difficulties and attention disorders Psychiatric disorders Testing and evaluation	As a general rule, psychotherapy is covered by insurance, and they accept most insurance plans. The availability of insurance reimbursement for neuropsychological assessments will be assessed on an individual basis	Therapy - \$150 for 45 minutes No sliding scale	Roughly a month	Yes	UP-BEH: no clients where there could be the potential for a court appearance, for clients with substance abuse they MUST be in counseling actively working on that	- 2.5 miles	http://mentalhealth-neuropsychology.com/
Schenectady Center for Psychotherapy		1670 Union Street Schenectady, NY 12309	(518) 374-0511		Anxiety, self-esteem, and performance issues Trauma and grief Relationships Interpersonal Effectiveness Eating Issues, Anorexia, Bulimia, Binge Eating, Laxative Abuse Body Image Issues Depression and Grief Stress, Anxiety, OCD, PTSD Parent-Child Issues Psychosomatic Complaints Self-Esteem Personal Growth							
Terri Gerber	Terri L Gerber, LCSW-R	2310 Not Street East, Niskayuna, NY 12309	(518)860-9297								- 2.5 miles	www.terrigerber.com
Capital Region Association for Eating Disorders	Marian C. Abrams, MA, MS, CS Karen L.K. Anderson, CSW, RD, CDN Beverly Beneniste, CSW-R Susan A. Baker, Ph.D. Leslie Grossman Brown, CSW Lorelei Burns, MS, Ed.S., CEDT Jana E. Colquhoun, CSW Erica R. Ellis, Ph.D. Michael Ellis, Ph.D. Emily Francis Gallagher, MSW, CSW Monica Henmetz, Ph.D., CSW Kevin Keller, Ph.D. Susan Kim, Ph.D. Donna Lochner, BA	Doctors are located at various locations	(518) 464-9043	Depends on the doctor - see website for more	Eating Disorders	Most major insurance plans	Depends on the doctor - see website for more	Depends on the doctor - see website for more	Depends on the doctor - see website for more		Various locations	http://www.eatdisorders.org/capitalr1.html
Palmer Psychiatric Group		5 Pine West Plaza Albany, NY 12205	(518) 690-0203	M-F: 9am-5pm							- 10 miles	
Saratoga Psychological Associates	Frank S. Arcangelo, Ph.D. Daniel A. Berger, Ph.D. Philip Drum, Ph.D. Marilyn D. Miller, Ph.D. Andrew S. Miller, Ph.D. Kevin Prestich, Ph.D. George C. Mouton, Jr., LCSW-R Frank Salomone, Psy.D. Christine Marrs, Ph.D.	Saratoga Office 1 West Ave Suite 205 Saratoga Springs, NY 12866 Latham Office 711 Troy Schenectady Rd Latham, NY 12110 Clifton Park Office 652 Peak Street Clifton Park, NY 12065 602 PLANK ROAD	Saratoga: (518) 587-0499 Latham: (518) 783-1003 Clifton Park: (518) 587-0499	Hours are flexible to meet the needs of clients	Mood Disorders, including depression and bipolar disorders. Anxiety Disorders, including generalized anxiety, obsessive- compulsive disorder, phobias, Attentional Disorders such as ADD, ADHD. Family issues such as conflict, parent-child problems, divorce and custody conflicts, stepfamily issues. Health concerns such as arthritis, bulimia, stress-related somatic disorders, chronic pain, chronic illness. Trauma related conditions such as PTSD, DID, Somatic Disorders.	Most major insurance plans					Various Locations	http://www.saratogapsych.com/home.html
Karner Psychological Association	Donna Sporken, LCSW-R Donna Brent, Ph.D. Heather Cohn, Ph.D. Dan Cook, LCSW-R Katherine Crouch, LCSW-R Frank Deberman, Ph.D. Janet Falkman, LCSW-R Joseph Gorman, LCSW-R Elisabeth M. Gibson, LCSW-R Barbara Heston, LCSW-R Julia Lloyd, LCSW-R Sally A. Longhini, LCSW Sherley McKris, Ph.D. Alphonse Mochun, MSW, LCSW-R Karen McLaughlin, LMHC W. Terrence Mooney, Ph.D. June Morse, LCSW-R Peggie Sen, LMHC Janet C. Sharp, LCSW-R Lynne C. Stone, MA, Ed M, MSW, LCSW-R Ashley Tahari, LCSW Laura Tice, LCSW-R Dorelle Tom, Ed.D.	Guideland Office 2280 Wiscoon Ave Guideland, NY 12084 Clifton Park Office 834 Park Rd., Suite 206 Clifton Park, NY 12065 East Greenbush Office 2600 Ford View Rd., Suite 107 Castleton, NY 12033	Guideland: (518) 456-5056 Clifton Park: (518) 456-5056 East Greenbush: (518) 456-5056	Depends on the office M-F: Flexible Limited hours on the weekend	Abuse/Domestic Violence Issues Addiction Issues ADHD/Attention Deficit Hyperactivity Disorder Anger Management Stress and Anxiety Behavior Problems Depression and Anxiety Eating Disorders Grief and Loss Health Related Habits Low Self-Esteem OCD/Obsessive Compulsive Disorders Learning Disabilities & Development Disorders							www.karnerca.com
Catholic Charities Family Counseling of Schenectady County		1473 Erie Blvd., Schenectady, NY 12305	(518) 372-5667		Intake, assessment and treatment of a range of individual and interpersonal issues. Individual couple and family counseling, group work where warranted and feasible, consultation, advocacy and referral.						- 1 mile	http://www.cccoh.org/schenectady.htm
Psychological Services Center	Services are provided by doctoral students. All students have completed at least one year of doctoral training before working at the Center. These doctoral students are supervised closely by faculty members of the University at Albany's Clinical and Counseling Psychology Doctoral Program. These faculty supervisors are all licensed psychologists in New York State.	289 Washington Avenue Albany, NY 12206	(518) 422-4900	During the academic year (September through mid-May): Monday: 1:00pm - 8:00pm Tuesday: 1:00pm - 8:00pm Wednesday: 1:00am - 8:00pm Thursday: 1:00pm - 8:00pm Friday: Closed During the summer months (mid-May through August): Monday: Closed Tuesday: 11:00am - 7:00pm Wednesday: 1:00am - 7:00pm Thursday: 1:00am - 6:00pm	Personality Testing Learning Disability (LD) Testing Attention Deficit/Hyperactivity Disorder (ADHD) Testing Neuropsychological Testing Intelligence Testing Vocational Testing	Fees for psychotherapy and counseling are set on a sliding scale from \$10 to \$45 per 50- minute session. Fees for testing depend upon the kinds of testing performed, as well as the number of hours of testing required. Our sliding fee scale is based on a person's income, number of dependents, and ability to pay. The Center does not accept health insurance, other third party payments or Medicaid at present. Individual insurance companies may reimburse for our services, but are not required to do so under New York State law. However, we strive to set fees that will not be a burden to our clients.	Fees for assessments can vary, depending on the purpose of the assessment and the presenting problem, and are determined on a case-by-case basis. A typical psychoeducational assessment battery ranges from \$400 to \$800. Neuropsychological assessments tend to cost more, and personality assessments typically cost less. Vocational testing may range from \$20 to \$200, depending on the case and the test included.				- 20 miles	http://www.albany.edu/pscc/psychological_services.htm