

Hotline and Self Help Phone Numbers

SUICIDE HOTLINE -- 800-273-TALK (8255)

800 Alcohol -- 800-ALCOHOL

800 Cocaine -- 800-COCAINE

Abortion Hotline -- 800-772-9100

Al-Anon/Alateen -- 800-356-9996

Alcoholics Anonymous -- 212-870-3400

American Trauma Society -- 800-556-7890

Boy's Town Nat'l Hotline -- 800-448-3000

Child Find of America, Inc. -- 800-426-5678

Compulsive Gambling Hotline -- 800-LOSTBET

Center for Substance Abuse Treatment (CSAT) -- 800-662-HELP

Grief Recovery Helpline -- 800-445-4808

Marin Institute for the Prevention of Alcohol and Other Drug Problems -- 415-456-5692

Missing Children Help Center -- 800-USAKIDS

Narcotics Anonymous -- 818-773-9999

National Center for Missing and Exploited Children (24 hours) -- 800-843-5678

National Child Abuse Hotline -- 800-422-4453

National Clearinghouse for Alcohol & Drug Info -- 800-729-6686

National Council on Alcoholism and Drug Dependence Hope Line -- 800-475-HOPE

National Institute of Mental Health Depression and Panic Disorder Hotline -- 800-421-4211

National Mental Health Association -- 800-969-6642

National Mental Health Services Knowledge Exchange Network -- 800-789-CMHS

NYU Health and Wellness Relaxation -- 212-404-3800

Relapse Prevention Hotline -- 800-RELAPSE

Students Against Drunk Driving National -- 508-481-3568

Survivors of Incest Anonymous -- 410-282-3400

Tough Love -- 800-333-1069