

## Union College Nutrition Counseling Services

Individual nutrition counseling services are available to students at no cost to you. Our Consultant Dietitian-Nutritionist, Diane Pietrocarlo, provides nutrition consultation for:

- General Wellness
- Eating Disorders/Disordered Eating
- Sports Nutrition
- Weight Management
- Food Intolerance & Allergies
- Vegetarian Diets
- Dyslipidemias
- Hypertension

Please contact the Wicker Wellness Center to schedule an appointment.

[www.union.edu/health](http://www.union.edu/health)

(518) 388-6120

All consultations are confidential.



Diane Pietrocarlo, RDN, CSSD, CDN

Registered Dietitian-Nutritionist, Board Certified Specialist in Sports Dietetics,

NYS Certified Nutritionist

<http://partnersinnutritiontherapy.com>