

Sunnyview Wellness Center Opportunity

Union employees are being offered reduced rates on memberships at Sunnyview Wellness Center. You can also enjoy a free trial week with three personal training sessions before purchasing a membership.

Individual rates are as follows:

1 year: \$202.00

6 months: \$142.00

3 months: \$112.00

Family rates, (a family consists of a spouse and up to 3 children living at home 22 years of age or younger) are as follows:

1 year: \$320.00

6 months: \$198.00

3 months: \$150.00

The Wellness Center is open **Monday-Friday: 5:30 a.m.-8:00 p.m.**, and **Saturday & Sunday: 7:00 a.m.-3:00 p.m.**

Open pool hours are also available.

For more information or to purchase a membership, call **(518) 386-3656** or click on the following link to access the Sunnyview Lifestyle Wellness Center website:

http://www.nehealth.com/Medical_Care/Sunnyview_Rehabilitation_Hospital/Wellness/Lifestyle_Wellness_Center/