



Health & Wellness Program

If you are considering a healthy future, look no further than your Work/Life Wellness Program.

The Wellness Corporation partnered with your organization is proud to offer individualized, online and telephonic wellness programs providing:

- Health Risk Assessments (HRA's) — personalized health screenings
- Nutrition and Fitness Advice and Programs
- Personal Health Coaches
- Smoking Cessation Class
- Walking Programs

And so much more to help our clients achieve optimal health !



Or visit the Work/Life website:

WWW.WELLNESSWORKLIFE.COM