
 **18**The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. **This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-724-2579. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.CDPHP.com](http://www.CDPHP.com) or call 1-877-724-2579 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall <a href="#">deductible</a>?</b>	In-Network: \$400/Individual or \$800/Family Out-Of-Network: \$800/Individual or \$1,600/Family	Generally, you must pay all of the costs from providers up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
<b>Are there services covered before you meet your <a href="#">deductible</a>?</b>	Yes. In-Network <a href="#">preventive care</a> services and any service that takes a copay is covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there other <a href="#">deductibles</a> for specific services?</b>	No.	You don't have to meet deductibles for specific services.
<b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b>	In-Network: \$2,000/Individual or \$4,000/Family Out-Of-Network: \$4,000/Individual or \$8,000/Family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
<b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
<b>Will you pay less if you use a <a href="#">network provider</a>?</b>	Yes. See <a href="http://www.CDPHP.com">www.CDPHP.com</a> or call 1-877-724-2579 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a provider <a href="#">network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Plans use the term in-network, preferred, or participating providers in their network. See chart starting on page 2 for how this plan pays different kinds of providers.
<b>Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a>?</b>	No.	You can see the specialist you choose without a referral.

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you visit a health care <a href="#">provider's</a> office or clinic</b>	Primary care visit to treat an injury or illness	\$20 copay/visit	Deductible then 30% coinsurance	None
	<a href="#">Specialist</a> visit	\$30 copay/visit	Deductible then 30% coinsurance	In-Network: The specialist copayment decreases to \$20 copay/visit after 10 cumulative specialty visits.
	<a href="#">Preventive care/screening/immunization</a>	No charge	Deductible then 30% coinsurance	None
<b>If you have a test</b>	<a href="#">Diagnostic test</a> (x-ray, blood work)	\$0 preferred, \$20 copay/visit non-preferred	Deductible then 30% coinsurance	Diagnostic radiology and blood work is covered in full at a preferred facility. \$20 copay/visit for non-preferred.
	Imaging (CT/PET scans, MRIs)	\$0 free-standing, \$100 copay/visit non-free-standing	Deductible then 30% coinsurance	High technology imaging is covered in full at a free-standing facility. \$100 copay/visit applies in hospital setting.
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.optumrx.com">www.optumrx.com</a>	Generic drugs (Tier 1)	30-day supply: \$10 copay 90-day supply: \$20 copay	30-day supply: \$10 copay 90-day supply: \$20 copay	Maintenance medications must be filled in a 90-day supply at OptumRx mail order or CVS pharmacy location after 3 grace fills. Specialty drugs must be filled at OptumRx's specialty pharmacy, BriovaRx. Prior authorization may be required.
	Preferred brand drugs (Tier 2)	30-day supply: \$30 copay 90-day supply: \$60 copay	30-day supply: \$30 copay 90-day supply: \$60 copay	
	Non-preferred brand drugs (Tier 3)	30-day supply: \$50 copay 90-day supply: \$100 copay	30-day supply: \$50 copay 90-day supply: \$100 copay	
	<a href="#">Specialty drugs</a>	Tier 1, Tier 2, or Tier 3 cost share will apply	Tier 1, Tier 2, or Tier 3 cost share will apply	

\* For more information about limitations and exceptions, see the plan or policy document at [www.CDPHP.com](http://www.CDPHP.com).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you have outpatient surgery</b>	Facility fee (ambulatory surgery center)	Deductible then 10% coinsurance	Deductible then 30% coinsurance	None
	Physician/surgeon fees	Deductible then 10% coinsurance	Deductible then 30% coinsurance	None
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	\$100 copay/visit	\$100 copay/visit	Copay waived if admitted within 24 hours for same diagnosis for emergency room only.
	<a href="#">Emergency medical transportation</a>	Deductible then 10% coinsurance	Deductible then 30% coinsurance	
	<a href="#">Urgent care</a>	\$25 copay/visit	Deductible then 30% coinsurance	None
<b>If you have a hospital stay</b>	Facility fee (hospital room)	Deductible then 10% coinsurance	Deductible then 30% coinsurance	None
	Physician/surgeon fees	Deductible then 10% coinsurance	Deductible then 30% coinsurance	None
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	\$30 copay/visit	Deductible then 30% coinsurance	In-Network: The specialist copayment decreases to \$20 copay/visit after 10 cumulative specialty visits.
	Inpatient services	Deductible then 10% coinsurance	Deductible then 30% coinsurance	None
<b>If you are pregnant</b>	Office visits	\$20 copay/visit	Deductible then 30% coinsurance	In-Network: Copay applies to first visit only.
	Childbirth/delivery professional services	Deductible then 10% coinsurance	Deductible then 30% coinsurance	None
	Childbirth/delivery facility services	Deductible then 10% coinsurance	Deductible then 30% coinsurance	None
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	\$20 copay/visit	Deductible then 30% coinsurance	Prior authorization required. Must be medically necessary.
	<a href="#">Rehabilitation services</a>	\$20 copay/visit PCP \$30 copay/visit Specialist	Deductible then 30% coinsurance	30 visit maximum per condition per calendar year combined in-network and out-of-network. In-Network: The specialist copayment decreases to \$20 copay/visit after 10 cumulative specialty visits.
	<a href="#">Habilitation services</a>	\$30 copay/visit	Deductible then 30% coinsurance	In-Network: The specialist copayment decreases to \$20 copay/visit after 10 cumulative specialty visits.

\* For more information about limitations and exceptions, see the plan or policy document at [www.CDPHP.com](http://www.CDPHP.com).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	<a href="#">Skilled nursing care</a>	Deductible then 10% coinsurance	Deductible then 30% coinsurance	None
	<a href="#">Durable medical equipment</a>	Deductible then 20% coinsurance	Deductible then 50% coinsurance	Resource coordination authorization required for items rented and items over \$500.
	<a href="#">Hospice services</a>	Deductible then 10% coinsurance	Deductible then 30% coinsurance	Maximum 210 days combined inpatient and outpatient services per lifetime.
<b>If your child needs dental or eye care</b>	Children's eye exam	\$20 copay/visit PCP \$30 copay/visit Specialist	Deductible then 30% coinsurance	In-Network: The specialist copayment decreases to \$20 copay/visit after 10 cumulative specialty visits. 1 visit every 24 months for routine exam.
	Children's glasses	Not Covered	Not Covered	None
	Children's dental check-up	Not Covered	Not Covered	None

#### Excluded Services & Other Covered Services:

**Services Your [Plan](#) Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other [excluded services](#).)**

- |  |   |  |
|--|---|--|
| <ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Cosmetic Surgery</li> <li>• Dental Care (Adult and Child)</li> </ul> | <ul style="list-style-type: none"> <li>• Long Term Care</li> <li>• None-Emergency care when traveling outside the U.S.</li> <li>• Weight Loss Programs</li> </ul> | <ul style="list-style-type: none"> <li>• Glasses</li> <li>• Routine Foot Care</li> </ul> |
|--|---|--|

**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)**

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|--|---|--|
| <ul style="list-style-type: none"> <li>• Bariatric Surgery (Limitations Apply)</li> <li>• Infertility Treatment</li> </ul> | <ul style="list-style-type: none"> <li>• Chiropractic Care</li> <li>• Hearing Aids</li> </ul> | <ul style="list-style-type: none"> <li>• Routine Eye Care (Adult)</li> <li>• Private Duty Nursing</li> </ul> |
|--|---|--|

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: The U.S. Department of Labor, Employee Benefits Security Administration – 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), The U.S. Department of Health and Human Services – 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact CDPHP at 1-877-724-2579.

**Does this plan provide Minimum Essential Coverage? Yes.**

\* For more information about limitations and exceptions, see the plan or policy document at [www.CDPHP.com](http://www.CDPHP.com).

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet the Minimum Value Standards? Yes.**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-877-724-2579.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-724-2579.

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-877-724-2579

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-877-724-2579

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*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

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## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$400
■ <a href="#">Specialist</a> copay	\$20
■ Hospital (facility) <a href="#">coinsurance</a>	10%
■ Other (Rx) <a href="#">copay</a>	\$10

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,731</b>
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#### In this example, Peg would pay:

Cost Sharing	
Deductibles	\$400
Copayments	\$140
Coinsurance	\$855.90
What isn't covered	
Limits or exclusions	Childbirth classes
<b>The total Peg would pay is</b>	<b>\$1,395.90</b>

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$400
■ <a href="#">Specialist</a> copay	\$30
■ Hospital (facility)	N/A
■ Other (PCP/Rx) <a href="#">copay</a>	\$30

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,389</b>
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#### In this example, Joe would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$1,440
Coinsurance	\$0
What isn't covered	
Limits or exclusions	N/A
<b>The total Joe would pay is</b>	<b>\$1,440</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$400
■ <a href="#">Specialist</a> copay	\$30
■ Hospital (facility) <a href="#">copay</a>	\$100
■ Other (DME) <a href="#">coinsurance</a>	20%

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,925</b>
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#### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$400
Copayments	\$370
Coinsurance	\$59.10
What isn't covered	
Limits or exclusions	N/A
<b>The total Mia would pay is</b>	<b>\$829.10</b>