emocha Health®

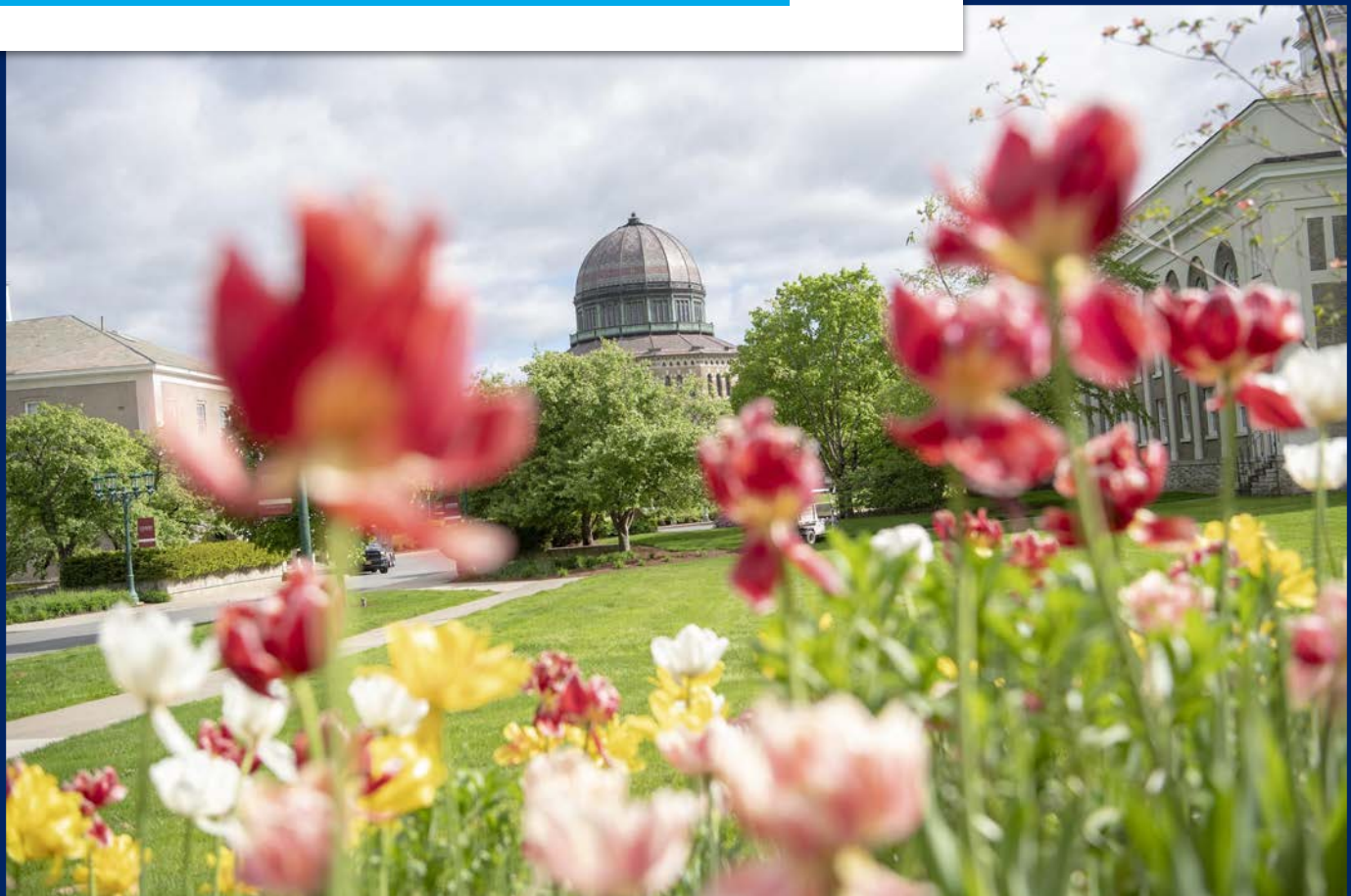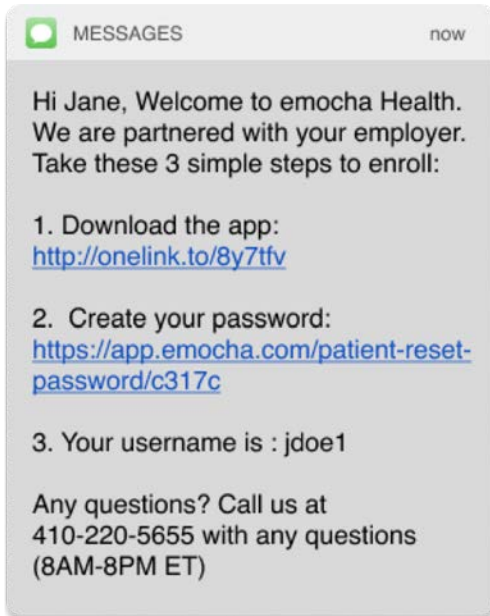## UNION COLLEGE
FOUNDED 1795

Daily Health Screenings for Studying, Living and Working on Campus

Mobile App User Guide

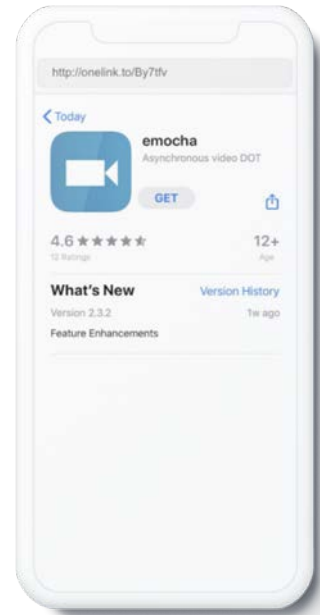# Getting Started

emocha will send you a text message with 2 links and username. Follow these instructions to log into emocha.

MESSAGES   now

Hi Jane, Welcome to emocha Health. We are partnered with your employer. Take these 3 simple steps to enroll:

1. Download the app:
http://onelink.to/8y7tfv

2. Create your password:
https://app.emocha.com/patient-reset-password/c317c

3. Your username is : jdoe1

Any questions? Call us at 410-220-5655 with any questions (8AM-8PM ET)

The first link in will take you to the App Store to download the emocha app.

STEP 2
Password Setup

STEP 3
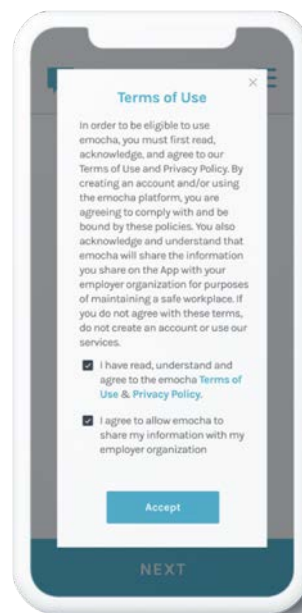## Log-in

STEP 4
Terms of Use

STEP 5
App Overview

The second link takes you to a password setup page. **Note: your password must be 8 characters, with 1 uppercase letter, and 1 number.**
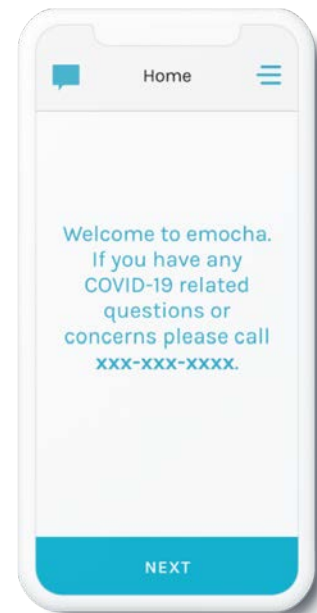
Open the emocha app and log in with assigned username from the text message and newly created password.

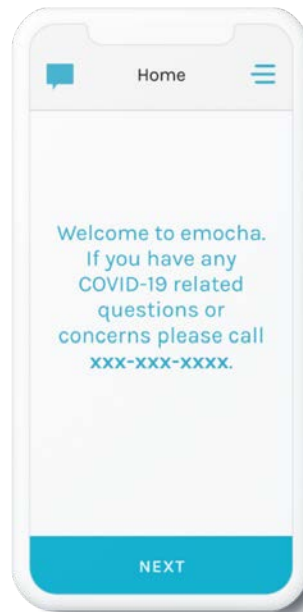You will submit consent to emocha's Terms & Conditions and can then log into the app with username and password.

Once you are logged into the app, you will begin to submit your check-ins. A brief visual app overview will explain protocol.

Note: all data submitted to emocha's HIPAA-secure platform will only be viewed and accessible by emocha's public health monitoring team, and subject to legal requirements surrounding Protected Health Information.

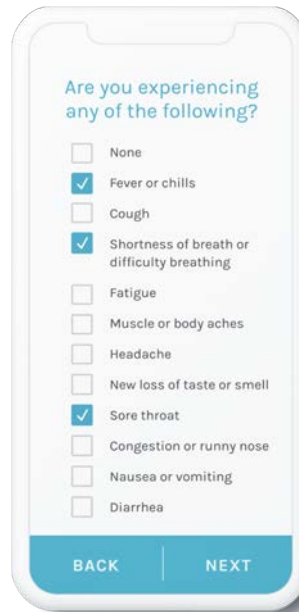# Daily Video Check-in*   (With symptoms)

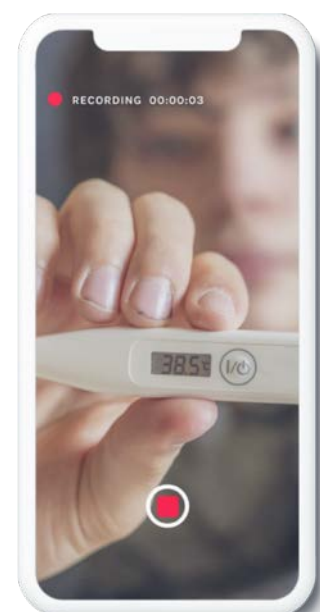You will open emocha daily and tap "NEXT" to complete a check-in.

01 Home

When ready to submit, tap "Next" to begin a check-in.

02 Symptoms

If experiencing any symptoms, select all that apply,

03 Record
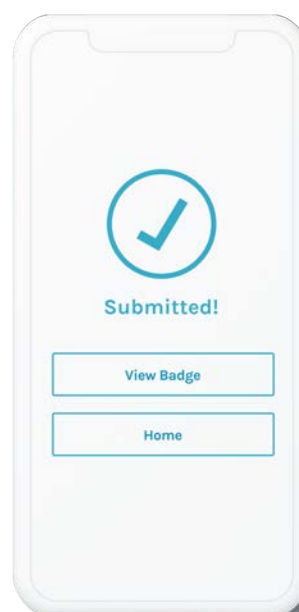

Record a short video check-in.

04 Community Exposure

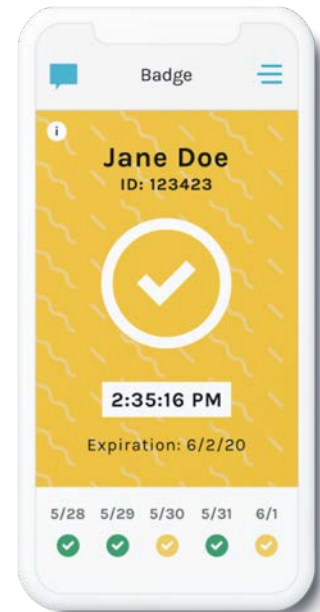Answer the COVID-19 community exposure question.

05 Temperature

Input temperature reading if possible.

06 Complete

Tap "View Badge" or "Home" to complete check-in.

07 View Badge

The combination of data entered related to temperature, symptoms, and exposure determines the color of the digital badge.
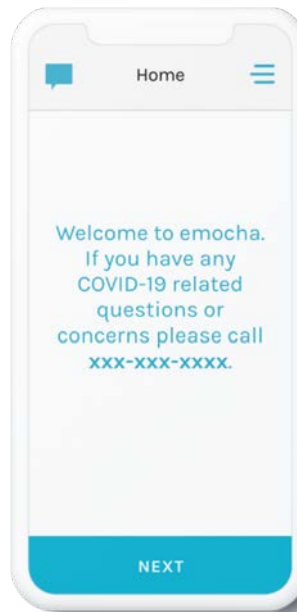
Daily Check-in*   (Without symptoms)

Check in with emocha as recommended.

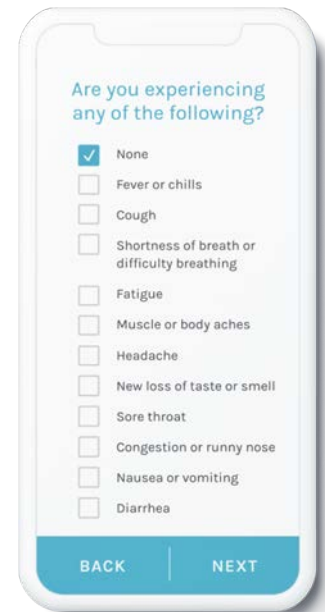Answer the symptom-related and COVID-19 community exposure questions.

Record temperature reading. If you do not have a thermometer, you can skip this screen.
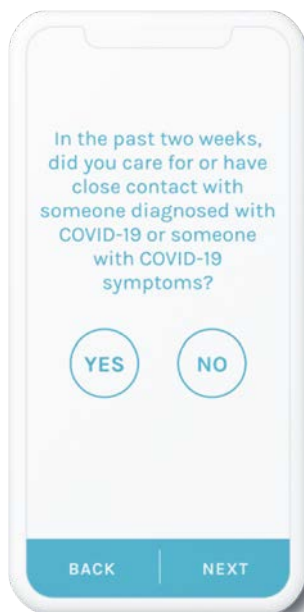
01 Home

If ready to submit, tap "Next" to begin a submission.

02 Symptoms

If experiencing no symptoms, select "None" and tap "Next".
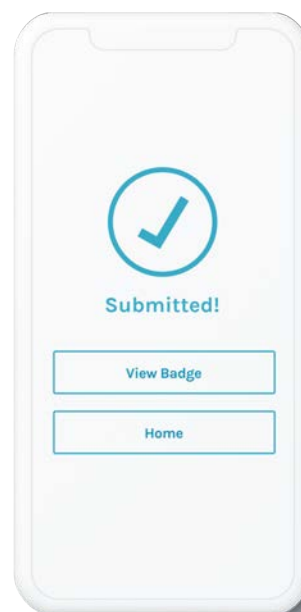
03 Community Exposure

Answer the COVID-19 community exposure question.
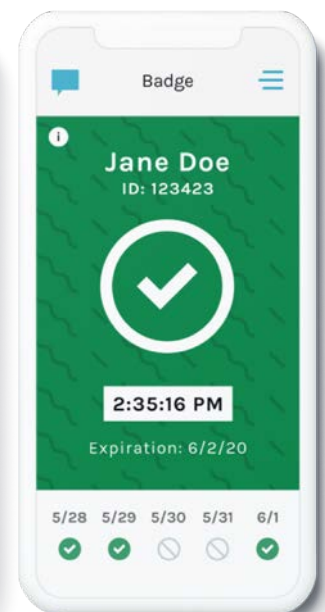
04 Temperature

Input temperature reading if possible.

05 Complete

Tap "View Badge" or "Home" to complete check-in.

07 View Badge

The combination of data entered related to temperature, symptoms, and exposure determines the color of the digital badge.
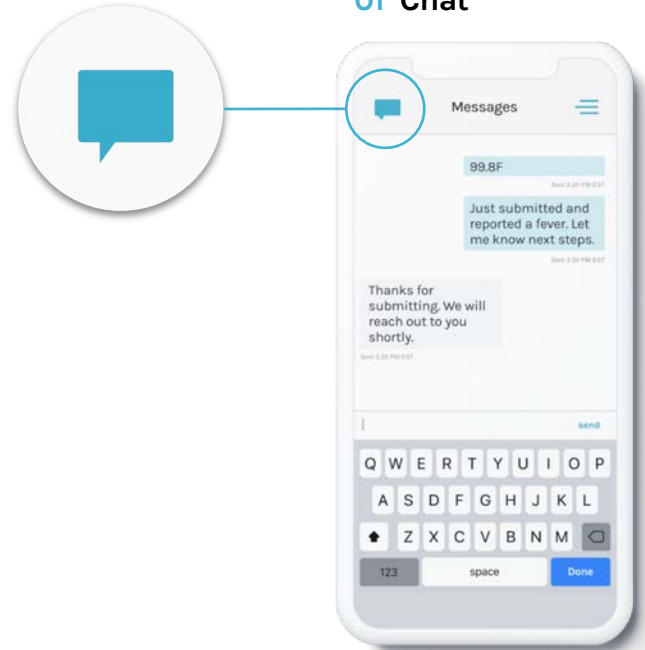
Note: protocol may differ by entity.

Explore More Features

You can communicate with care teams via the "Chat" function, and ask any questions / report technical issues.
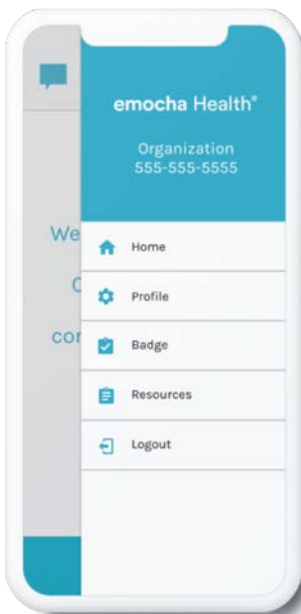
Check out "Menu" for additional tools. The "Progress" page will demonstrate how you are doing. You can customize several of these features on your "Profile" page.
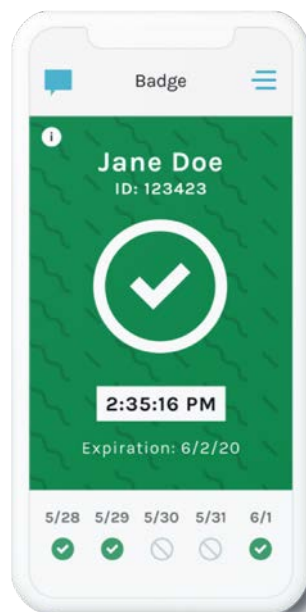
01 Chat

Tap on the chat icon, located on the top-left, to communicate with care team.
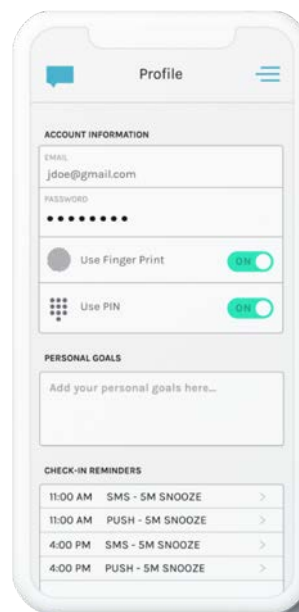
02 Menu

Tap on the three bars, located on the top-right, to access the main menu and explore more options.
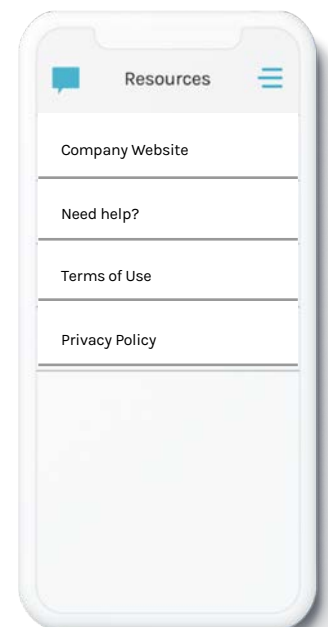
03 Digital Badge

Your badge indicates whether you've submitted your daily check-ins and are asymptomatic, but the school will communicate with you if you are not permitted to enter campus..

04 Profile

Set up an easy login with fingerprint or PIN ID, and set reminders for check-in intervals.
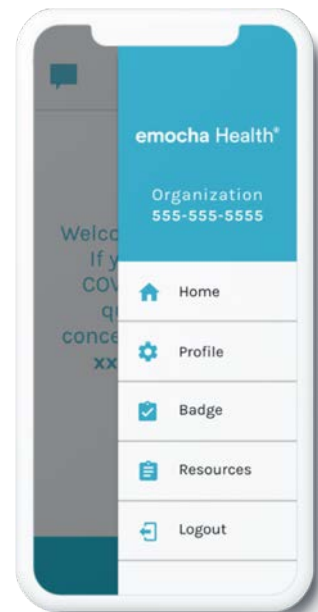
05 Resources

Access additional resources and links on the program in the "Resources" tab.

Digital Badge

Color-coded digital badges communicate your status. Those receiving a yellow badge should remain in the residence halls or home.
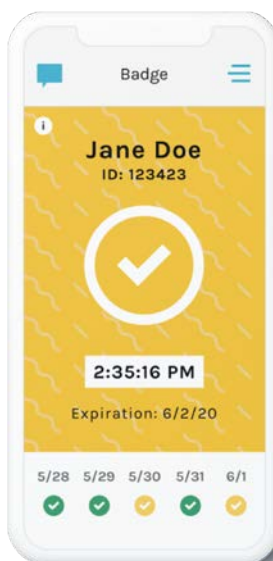
See the Union College website for additional guidance

Menu

Tap on menu and tap "Badge" to see your badge status.

Green Badge

Yellow Badge

Gray Badge

Your responses about your temperature, symptoms, and exposure determines the color of the digital badge. **Note:** if you do not have a thermometer, you will receive the green badge with the yellow "no thermometer" icon.

A gray badge is displayed when you forget to check-in.

emocha Health®