OUTDOOR PRE-O at Camp Chingachgook 2022

Wednesday, August 31st to Friday, September 2nd (Keep an eye on the weather)

Packing List

Lodging/Accessories

- □ Sleeping Bag, Pillow
- □ Towel, wash cloth, toiletries
- □ Backpack/Book Bag
- Water bottle
- Bug Spray/sun lotion
- □ Sunglasses
- 🛛 Hat
- □ Cell Phone/Charger

Clothing/Shoes

- □ Sturdy closed toe shoes for hiking/activities (Second set of shoes maybe helpful if it's raining out)
- □ One outfit per day and an extra set for back up (Total of 3)
- □ Raincoat/rain pants- activities will continue even if it's raining
- □ Bring layers (sweatshirt, fleece jacket); typically, 10 degrees cooler in the Adirondacks
- □ Extra socks
- □ Swimwear (As we get closer to program this maybe an available option)

If you have any questions/concerns, please contact <u>outdoor@union.edu</u>.