Academic Success Plan

Students can complete this plan in consultation with their Class Dean, academic advisor, Office of Student Success, and other campus partners.

Name:
Student ID#:
Email:
Phone:
Major:
Academic Advisor:

Academic Requirements

Previous Term GPA: Cumulative GPA:

Outstanding General Education/Common Curriculum Requirements:

Outstanding Major Requirements:

Total number of credits earned: Total number of credits required: Total number of credits remaining:

Academic Standing Level if applicable: Academic Warning Special Academic Warning Continued Special Academic Warning Returning from Academic Dismissal

Have you received academic standing consequences in previous terms? If so, which terms and what was the outcome?

Term GPA needed to return to good standing (GPA calculator):

How many terms are required?

Previous Term Reflection

Class Attendance: Please indicate your overall pattern of class attendance during the most recent term: _____90-100% _____75-89% _____50-74% _____25-49% ____Less than 25%

Did your attendance vary depending on what time it was, how you were doing, if you liked it, etc.?

Did you use a daily planner or other type of time management tool last semester? If yes, what type?

Were you able to stay organized and use your time effectively using this planner/tool?

In what class(es) did you struggle the most last semester? What grades did you earn in each class?

List resources you used last semester such as professor office hours, tutoring, classmates, etc.:

Self-Assessment of Factors Impacting Academic Success

Check each item that has impacted your academic success in previous terms. Add a * for anything you consider to be your biggest concerns.

Physical illness or injury Dating or other relationship problems ____Housing, roommate issues Can't make friends Homesickness Problems sleeping or lack of sleep Distracted by family problems at home _Substantial family commitments Use of alcohol or other substances Feel stressed and overwhelmed much of the time Can't find meaning for anything Feel "blue" much of the time Other:

Time Management:

____Poor organizational skills

Physical or Mental Health:

- ____Poor study environment
- ____General laziness with course work
- ____Too much leisure time or recreation
- ____Too little leisure time or recreation ____Procrastination

___Challenges with making decisions ___Other:

Commitment to Graduation:

____Not sure Union is the right place for me

____Not sure I want to be in college

___Can't decide on major

____No clear career goals

____Underestimated challenge of college

Commitment to Graduation (con't):

____Unsure if present major is right fit

__Came to college to please family

____The time to graduation seems

overwhelming

___Other:

School Community:

- ___Cultural barriers
- ___lssues with diversity, equity,

inclusion, or belonging

____No connections with faculty, staff, or

campus support resources

- ____Uncomfortable asking for help
- ____Not using tutoring services
- ___Can't find tutoring services

____Difficulty with books/course

materials

- ____Difficult transition to college
- ___Other:

Academic Skills:

____Test anxiety

- ___Lack of study skills
- ____Insufficient reading skills
- ___Insufficient math skills
- ___Insufficient writing skills
- Poor note taking

____Unable to understand course material

- ____Too heavy a course load
- Poor organizational skills
- Poor study environment
- ____General laziness with course work
- ____Underestimated challenge of college ___Other:

Managing commitments:

____Difficulty with time management

____Difficulty managing family and school

- ___Too many courses
- ____Working too many hours
- ____Athletic department commitments
- ____Too many extracurricular activities
- ____Poor class schedule
- ____Too much leisure time or recreation
- ____Challenges with making decisions
- ___Other:

Finances:

- ____Not enough money for school expenses
- ____Challenges paying bills
- ____Poor budgeting skills
- ____Family financial obligations
- ___Other:

Upcoming Term Planning

What class are you most excited about? Why?

What class are you most concerned about? Why?

Do you have, or plan to have, a job this semester? If yes, please indicate the number of hours per week you will be working.

Please list any regular commitments you have this semester and estimate the number of hours per week you will spend on each activity including sororities/fraternities, clubs, religious activities, sports, organizations, etc.

Describe your strategies for managing your time, prioritizing your work, and organizing your course materials.

Describe your strategies for connecting with your professors.

What support resources will be helpful to you?

Identify two goals for the term:

Based on the conversation with your Class Dean and the items outlined in your return statement, we agree that you will complete the following tasks as part of your Academic Success Plan. Changes to this plan can be made in consultation with your Class Dean.

_____ Successfully complete no fewer than 3 courses and earn a semester GPA of 2.0. Grades of F, W, or I are not considered successful completion of a course.

_____ Meet with your Class Dean on this schedule:

_____ Meet with your academic advisor on this schedule:

_____Attend office hours with your professors on this schedule:

_____ Meet with Wicker or Counseling Center staff on this schedule:

_____Meet with your off-campus providers on this schedule:

_____Attend and participate in all Academic Success Workshops.

Participate in Academic Coaching through the Office of Student Success

_____ Meet with staff at the Career Center to discuss career/major options

_____ Attend tutoring for ______. See department website for more information.

_____ Schedule and attend meetings with the Writing Center tutors.

_____ Attend every class, except in extraordinary circumstances

_____ Communicate regularly and proactively with your Class Dean and faculty about missed classes and late assignments.

_____ Respond to emails from your Class Dean, faculty, and other campus offices within 24-48 hours.

_____ Check Union email, Nexus, and Self-Service regularly to stay on top of course scheduling, deadlines, and other pertinent information.

Student Signature:

Class Dean Signature:

Date: