

# Transgender Specific Health Providers

## **Comprehensive Healthcare**

Callen-Lorde Community Health Center  
356 West 18th Street  
New York, NY 10011  
212.271.7200  
<http://www.callen-lorde.org>

Complete transgender healthcare, personable medical staff, low cost for those without insurance.

Cie Lambert  
*Fenway Community Health*  
1340 Boylston Street  
Boston, MA 02215  
617.267.0900 ext. 6589  
[www.fenwayhealth.org](http://www.fenwayhealth.org)

Healthy Transitions, LLC  
Dr. Lisa O'Connor, MD  
1390 Valley Rd, Suite 1E  
Stirling, NJ 07980  
908.647.1688

We are a private medical office that delivers care for transgender/genderqueer/gender expansive individuals. We provide education, support and a place to explore.

## **Endocrinologists**

Robert Busch, MD  
The Endocrine Group  
1365 Washington Ave, Suite 300  
Albany, NY 12206  
518.489.4704

Dara H. Cohen, MD  
Care Mount Medical  
90 South Bedford Rd  
Mount Kisco, NY 10549  
914.242.1370

Or  
Southeast Executive Park  
185 New York 312  
Brewster, NY 10509  
845.278.7000

## **Endocrinologists, continued**

Erik Cohen, MD  
*Albany Medical Center Endocrinology Group*  
1365 Washington Avenue, Suite 300 MC-212  
Albany, NY 12206  
518.489.4704

Matthew Leinung, MD - Chief, Division of Endocrinology  
*Albany Medical Center Endocrinology Group*  
25 Hackett Boulevard. MC-141  
Albany, NY 12208  
518.262.5185

Irene Sills, MD  
*Joslin Diabetes Center*  
3229 E. Genesee Street  
Syracuse, NY 13214  
315.464.5726

Dr. Carolyn Wolf Gould  
*Susquehanna Family Practice and the Gender Wellness Center*  
FoxCare Center Suite 103  
5432 State Highway 7  
Oneonta, NY 13820  
607.431.5757

Rachel Hopkins-- MD  
25 Hackett Blvd MC 141  
Albany, NY 12208  
518.262.5185

Rhonda Hearn-MD, FACOG  
*Reproductive Science Institute of Suburban Philadelphia*  
Philadelphia P.C  
94 Chestbrook Blvd  
Chestbrook, PA 19087  
**Or** 1340 Penn Ave  
Wyominssing, PA 196310  
610.981.6000 x 110

Robert Busch, MD  
*The Endocrine Group*  
1365 Washington Ave, Suite 300  
Albany, NY 12206  
518.489.4704  
Thyroiddoc@aol.com

## **Endocrinologists, continued**

Planned Parenthood - Saratoga Springs  
236 Washington Street  
Saratoga Springs, NY 12866  
Phone 518.584.0041  
Services: Offering HRT services  
Note: Received training from Pride Center (2014-2015)

Planned Parenthood  
1040 State Street  
Schenectady, NY 12307  
tel:(518) 374-5353  
<https://www.plannedparenthood.org/health-center/new-york/schenectady/12307/schenectady-center-4192-91110/transgender-hormone-therapy>

## **Surrogate Services**

TJ Hemderson: C.E.O  
*Surrogate Services International*  
1500 JEK Blvd - Two Penn Center, Suite 200  
Philadelphia, PA, 19102  
Office: 215.854.6378 Cell: 215.380.2384  
Email: [email@surrogateservicesinternational.com](mailto:email@surrogateservicesinternational.com)  
Website: [www.surrogateservicesinternational.com](http://www.surrogateservicesinternational.com)

## **Internal Medicine**

Dr. Frank Fera  
*Prime Care Internal Medicine*  
400 Patroon Creek Blvd Suite 100  
Albany, NY 12206  
518.445.4340

## **Miscellaneous**

Jim Collins Foundation  
P.O. Box 7097  
New York, NY 10150  
[www.jimcollinsfoundation.org](http://www.jimcollinsfoundation.org)

The mission of the Jim Collins Foundation is to provide financial assistance to transgender people for gender-confirming surgeries. The Jim Collins Foundation recognizes that not every transgender person needs or wants surgery to achieve a healthy transition. But for those who do, gender-confirming surgeries are an important step in their transition to being their true selves. However, access to gender-confirming surgery is impossible for most. Discrimination against transgender people is so prevalent that many transgender people struggle to survive, never mind save for surgery costs. Even for those who have health insurance, coverage is systematically denied. Many insurance policies contain a "Transsexual Exclusion Clause" which excludes all medical procedures related to a person's transgender status. For many transgender people, access to surgery is out of reach.

The Jim Collins Foundation raises money to fund gender-confirming surgeries for those transgender people who need surgery to live a healthy life, but have no ability to pay for it themselves. We recognize that for those people who require surgery for a healthy gender transition, lack of access to surgery may result in hopelessness, depression, and so suicide. The Jim Collins Foundation is a community-based initiative promoting the self determination and empowerment of all transgender people.

## **Nutrition/Eating and Body Awareness**

Sharon Alger-Mayer, MD  
*Albany Medical Center Clinical Nutrition Group*  
215 Washington Avenue Ext. MC-23  
Albany, NY  
518-452-3028  
Eating disorders for both teens and adults.

## **OB/GYN**

Prabhat Ahluwalia, MD  
*St. Elizabeth Medical Center*  
500 E. Main Street  
Little Falls, NY 13365  
315.823.1111  
<http://www.stemc.org/>  
FTM hysterectomy Most private insurance plans, Medicare

## **OB/GYN (continued)**

Nancy A. Roberson Jasper, MD  
*New York Physicians, LLP*  
635 Madison Ave  
New York, NY 10022  
212.317.4500 or 212.857.4500  
<https://newyorkphysicians.com/>

- Hysterectomy
- Many insurance plans

Dorothy Min, MD  
*Downtown Women's OB/GYN*  
568 Broadway  
New York, NY 10012  
212.966.7600  
<http://downtownwomenobayn.com/>

- Hysterectomy
- Most insurance plans

Zoe Rodriguez, MD  
10 Union Square East, Suite  
2B New York, NY 10003  
212.844.8590  
<http://www.drrodriguez.org/>

- Hysterectomy
- Many insurance plans

## **Surgeons**

Richard Bartlett, MD  
77 Pond Ave  
Brookline, MA 02445  
617.735.1800  
<http://www.richardabartlettmd.com/>

- \*All procedures FTM and MTF .
- \*Most private insurance plans

Teresa Benacquista, MD  
1625 Poplar St  
Bronx, NY 10461  
718.405.8444

- \*All procedures, FTM and MTF (including vaginoplasty) through center for transgender surgery.
- \*Most insurance accepted including Medicaid.

## **Surgeons (continued)**

Nadeem A. Chadhry, MD

8411 Seventh Ave

Brooklyn, NY 11228

718.921.4181

\*Revisions, Silicon removal, Trachea shave, Breast Augmentation

\*Most private insurance plans

Mark Filstein, MD

161 Madison Ave, Suite 4E

New York, NY 10016

212.481.4041

info@markfilstein.com <http://www.markfilsteinmd.com/>

• All procedures, FTM and MTF

• Insurance not accepted, but discounts and financing available.

Michael Fiorillo, MD

150 S. Pearl Street

Pearl River, NY 10965

866.537.0954

<http://www.drffiorillo.com/>

•Breast Augmentation FFS

•Most private insurance

Brain Gilchrist, MD

750 Washington St

Boston, MA 02111

617.636.1069

Daniel Kaufman, MD

2120 Ocean Ave

Brooklyn, NY 11229

718.705.4251

<http://discreetplasticsurgery.com/>

• FTM top surgery and MTF breast augmentation

•Most insurance plans accepted including Medicaid

Jamie Koufman, MD

*The Voice Institute of New York*

200 West 57th Street, Suite 1203

New York, NY 10019

212.463.8014

<http://www.voiceinstituteofnewyork.com/> \* Trachea Shave

## **Surgeons (continued)**

Jeffrey Rockmore, M.D.  
455 Patroon Creek Blvd. #101  
Albany, NY 12206  
518.438.0505

<http://www.theplasticsurgerygroup.net/surgeons/rockmore.cfm>

Albany plastic surgeon who performs facial rejuvenation, breast enhancement, body contouring, cosmetic and reconstructive surgery. Has been recommended for respect and proficiency in performing FTM and MTF reconstructive chest surgeries.

Alexes Hazen, MD  
305 E 33rd Street  
New York, NY 10016  
646.501.4480  
<http://nyulangone.org/doctors/1003820366/alexes-hazen>

- FTM and MTF Top Surgery
- Many private insurance plans accepted including Medicare

Thomas Huntsman, MD  
Bassett Healthcare Network – FoxCare Center  
*The Gender Wellness Center at Susquehanna Family Practice*  
5432 State Highway 7, Suite 103  
Oneonta, NY 13820  
607.547.3080

Melissa Johnson, MD  
*Pioneer Valley Plastic Surgery*  
100 Wason Ave.  
Springfield, MA 01107  
413.731.7877  
[www.pioneervalleyplasticsurgery.com](http://www.pioneervalleyplasticsurgery.com)  
FTM top surgery, MTF breast augmentation.

Christine N. McGinn, MD  
Papillon Center: Gender Wellness Clinic  
18 Village Row, Suite 43  
New Hope, PA 18938  
215.693.1199  
<http://drchristinemcginn.com>  
Hormone therapy, facial feminization all gender confirmation surgeries for FTMs and MTFs (bottom surgery included) electrolysis, mental health therapy.

John M. Taylor, MD, FACS, FICS  
*Allure Plastic Surgery Center*  
194 Route 35 Red Bank, NJ 07701  
732.707.1932  
[drtaylor@comcast.net](mailto:drtaylor@comcast.net)  
Cosmetic facial work, MTF breast augmentation, FTM top surgery.

## **Surgeons (continued)**

Robert Schwarcz, MD  
135 E. 71st Street  
New York, NY 10021  
212.396.4400

Or

14 Harwood Ct. Suite #217  
Scarsdale, NY 10583  
914.363.8644

<http://www.naturalfacedr.com/>

- FFS
- Out-of- network, financing

Douglass Senderoff, MD  
461 Park Ave South 7th Floor  
New York, NY 10016  
212.481.3939

Or

90 South Ridge Street  
Rye Brook, NY 10573  
914.934.5000

<http://www.drsenderoff.com/>

- MTF Top surgery
- Most private insurance plans
- Interest free financing

Joseph Silletti  
1650 Selwyn Ave  
Bronx, NY 10457  
718.960.1033

\* Orchiectomy \* Most insurance plans accepted including Medicaid

Stacy Silvers, MD  
161 Madison Ave #11w  
New York, NY 10016  
212.213.3339

<https://madisonent-facialplasticsurgery.com/about-us/dr-silvers/>

- Otolaryngologist
- Most private insurance plans

Jeffrey Spiegel, MD, FACS  
1200 Boylston St  
Chestnut Hill, MA 02467  
617.566.3223

<http://www.drspiegel.com/>

- FSS



## **Surgeons (continued)**

Paul R. Weiss, MD  
1049 Fifth Avenue, Suite 2D  
New York, NY  
212.861.8000

<http://www.paulweissmd.com/>

\* MTF and FTM Top Surgery; FFS, Tracheal Shave;

\* Many Private insurance plans and Medicaid (bills manage care plan)

Mark L. Zukowski, M.D., F.A.C.S.  
*The Zukowski Center for Cosmetic Plastic Surgery*  
3612 W. Lake Avenue  
Wilmette, Illinois 60091  
847.853.8869

[www.mizukowski.com](http://www.mizukowski.com)

Email: [contactus@mizukowskiffs.com](mailto:contactus@mizukowskiffs.com)

Thomas Huntsman, MD  
*Bassett Healthcare Network*  
1 Atwell Rd. Cooperstown, NY  
13326  
607.547.3080

## **Urology**

James Barada, MD  
*Upstate Urology*  
1365 Washington Ave, Ste 102  
Albany, NY 11206  
518.446.9838

\* orchiectomy

\* Most private insurance plans, Medicare

Erik Todd Goluboff, MD  
5141 Broadway  
New York, NY 10034  
212.932.4520

<http://www.drgoluboff.com/>

- Orchiectomy

- Most insurance plans accepted including Medicaid Managed Care Plans

Aaron Grotas, MD  
1800 Rockaway Ave  
Hewlett, NY  
516.593.1838

<http://www.aarongrotasmd.com/>

- Orchiectomy

- Most insurance including Medicaid

## **Urology (continued)**

Mantu Gupta, MD  
625 Madison Ave, 2nd Floor  
New York, NY 10022  
212.1272

\* Orchiectomy

\* Most insurance plans accepted including Medicaid Managed Care Plans

Jacob Heyman, MD  
109 E 38th St  
New York, NY 10016  
212.684.4900

\* Orchiectomy

\* Most insurance plans accepted including Medicaid Managed Care Plans

Elizabeth A Kavalier, MD  
Total Urology Care  
7 W 51st Street  
New York, NY 10019  
347.281.7037

<https://www.totalurologycare.com/>

## **Voice Training**

Jack Pickering, PhD, CCC-SLP  
College of Saint Rose  
1009 Madison Avenue, Room 243  
Albany, NY  
518.454.5236  
[pickerij@strose.edu](mailto:pickerij@strose.edu)

Voice training classes; a non-surgical method that attains realistic, safe results. The Department of Communication Sciences and Disorders of the College of Saint Rose in Albany, N.Y., offers a voice modification program for individuals in the transgender community, focusing on enhancing communication for male-to-female (MtF) transsexuals. Female-to-male (FtM) transsexuals are also welcome to take part in individual sessions in our clinical facility. The program includes weekly two-hour sessions that involve both group and individual intervention. Graduate student clinicians team up with clients to work on voice and communication. Clients have the opportunity to explore their goals in a safe environment, with student clinicians acting as reflective listeners and supportive communication partners.

Voice Modification Program for People in the Transgender Community  
Pauline K. Winkler Speech-Language-Hearing Clinic at the College of St. Rose 1009  
Madison Ave  
Albany, NY 12203  
518.454.5236

## **Suicide Prevention**

Saving Our Lives  
Massachusetts

Someone who is suicidal or their helpers may get assistance from:

Samaritans: **877.870.HOPE (4673)**

Trevor Helpline: **866.4UTREVOR (488.7386)**

GLBT Helpline: **888.240. GLBT (4528)**

Gay and Lesbian National Hotline: **888.843.4564**

Mazzoni Center Family and Community Medicine Transgender Health Program

809 Locust St

Philadelphia, PA 19107

215-563-0658

transcare@mazzonicenter.org

[www.mazzonicenter.org](http://www.mazzonicenter.org)

## **Online Stores for Binders**

FTM at Underworks

<http://ftm.underworks.com/>

USA/Canada: (800) 242-4224 International: 011-305-668-5151

info@underworks.com

FTM at Underworks is an online store for binders for FTM individuals. The site also includes information on how to measure for a binder and how to wear a binder.

Tranz-Forms

<http://www.tranz-forms.com/>

Tranz-Forms is an online business that was created with the mission of expanding and developing available resources and products for transgender consumers. The website includes a great deal of information about measuring for and wearing binders, as well as a list of transgender resources,

## **Hair Removal**

American Laser Center

254 S Main St Suite 200

New York City, NY 10956

845.693.0003

Derma Laser Center

2645 South Rd Suite 7

Poughkeepsie, NY 12601

845.473.3762

## **Hair Removal (continued)**

Electrolysis Advantage Treatment Center  
Lisa McCarthy  
12 Swan Drive  
Rexford, NY 12148  
518.383.9652

Electrolysis by Susan Nasta, L.E, CPE  
2777 Hylan Blvd  
Staten Island, NY 10306  
845.567.3381  
Or  
Town of Newburgh, NY 12550  
917.596.9701

Hudson Valley Electrolysis  
Yolanda DeFelice Henry, CPE, CCE  
383 Hooker Ave  
Poughkeepsie, NY 12603  
845.473.4747