Transgender Specific Health Providers

Comprehensive Healthcare

Albany Med Health System
https://www.albanymed.org/specialty/tra
nsgender-medicine/

Callen-Lorde Community Health Center 356 West 18th Street New York, NY 10011 212.271.7200 http://www.callen-lorde.org

Complete transgender healthcare, personable medical staff, low cost for those without insurance.

Cie Lambert
Fenway Community Health
1340 Boylston Street
Boston, MA 02215
617.267.0900 ext. 6589
www.fenwayhealth.org

Healthy Transitions, LLC Dr. Lisa O'Connor, MD 1390 Valley Rd, Suite 1E Stirling, NJ 07980 908.647.1688

We are a private medical office that delivers care for transgender/genderqueer/gender expansive individuals. We provide education, support and a place to explore.

Endocrinologists

Robert Busch, MD The Endocrine Group 1365 Washington Ave, Suite 300 Albany, NY 12206 518.489.4704

Endocrinologists, continued

Dara H. Cohen, MD Care Mount Medical 90 South Bedford Rd Mount Kisco, NY 10549 914.242.1370

Or

Southeast Executive Park 185 New York 312 Brewster, NY 10509 845.278.7000

Erik Cohen, MD Albany Medical Center Endocrinology Group 1365 Washington Avenue, Suite 300 MC-212 Albany, NY 12206 518.489.4704

Matthew Leinung, MD - Chief, Division of Endocrinology Albany Medical Center Endocrinology Group 25 Hackett Boulevard. MC-141 Albany, NY 12208 518.262.5185

Irene Sills, MD Joslin Diabetes Center 3229 E. Genesee Street Syracuse, NY 13214 315.464.5726

Dr. Carolyn Wolf Gould Susquehanna Family Practice and the Gender Wellness Center FoxCare Center Suite 103 5432 State Highway 7 Oneonta, NY 13820 607.431.5757

Rachel Hopkins-- MD 25 Hackett Blvd MC 141 Albany, NY 12208 518.262.5185

Endocrinologists, continued

Rhonda Hearns-MD, FACOG Reproductive Science Institute of Suburban Philadelphia Philadelphia P.C 94 Chestbrook Blvd Chestbrook, PA 19087 Or 1340 Penn Ave Wyominssing, PA 196310 610.981.6000 x 110

Robert Busch, MD The Endorcrine Group 1365 Washington Ave, Suite 300 Albany, NY 12206 518.489.4704 Thyroiddoc@aol.com

Planned Parenthood - Saratoga Springs 236 Washington Street Saratoga Springs, NY 12866 Phone 518.584.0041

Services: Offering HRT services

Note: Received training from Pride Center (2014-2015)

Planned Parenthood 1040 State Street Schenectady, NY 12307 tel:(518) 374-5353 https://www.plannedparenthood.org/health-center/newyork/schenectady/12307/schenectady-center-4192-91110/transgender-hormonetherapy

Surrogate Services

TJ Hemderson: C.E.O

Surrogate Services International

1500 JEK Blvd - Two Penn Center, Suite 200

Philadelphia, PA, 19102

Office: 215.854.6378 Cell: 215.380.2384

Email: email@surrogateservicesinternational.com Website: www.surrogateservicesinternational.com

Internal Medicine

Dr. Frank Fera

Prime Care Internal Medicine

400 Patroon Creek Blvd Suite 100

Albany, NY 12206

518.445.4340

Miscellaneous

Jim Collins Foundation P.O. Box 7097 New York, NY 10150 www.jimcollinsfoundation.org

The mission of the Jim Collins Foundation is to provide financial assistance to transgender people for gender-confirming surgeries. The Jim Collins Foundation recognizes that not every transgender person needs or wants surgery to achieve a healthy transition. But for those who do, gender-confirming surgeries are an important step in their transition to being their true selves. However, access to gender-confirming surgery is impossible for most. Discrimination against transgender people is so prevalent that many transgender people struggle to survive, never mind save for surgery costs. Even for those who have health insurance, coverage is systematically denied. Many insurance policies contain a "Transsexual Exclusion Clause" which excludes all medical procedures related to a person's transgender status. For many transgender people, access to surgery is out of reach.

The Jim Collins Foundation raises money to fund gender-confirming surgeries for those transgender people who need surgery to live a healthy life, but have no ability to pay for it themselves. We recognize that for those people who require surgery for a healthy gender transition, lack of access to surgery may result in hopelessness, depression, and so suicide. The Jim Collins Foundation is a community-based initiative promoting the self determination and empowerment of all transgender people.

Nutrition/Eating and Body Awareness

Sharon Alger-Mayer, MD

Albany Medical Center Clinical Nutrition Group
215 Washington Avenue Ext. MC-23

Albany, NY
518-452-3028

Eating disorders for both teens and adults.

OB/GYN

Prabhat Ahluwalia, MD St. Elizabeth Medical Center 500 E. Main Street Little Falls, NY 13365 315.823.1111 http://www.stemc.org/ FTM hysterectomy Most private insurance plans, Medicare

Nancy A. Roberson Jasper, MD New York Physicians, LLP 635 Madison Ave New York, NY 10022 212.317.4500 or 212.857.4500 https://newyorkphysicians.com/ Hysterectomy

Many insurance plans

Dorothy Min, MD Downtown Women's OB/GYN 568 Broadway New York, NY 10012 212.966.7600

http://downtownwomenobayn.com/

- Hysterectomy
- Most insurance plans

Zoe Rodriguez, MD 10 Union Square East, Suite 2B New York, NY 10003 212.844.8590 http://www.drrodriquez.org/

- Hysterectomy
- Many insurance plans

<u>Surgeons</u>

Richard Bartlett, MD 77 Pond Ave Brookline, MA 02445 617.735.1800 http://www.richardabartlettmd.com/ *All procedures FTM and MTF. *Most private insurance plans

Teresa Benacquista, MD 1625 Poplar St Bronx, NY 10461 718.405.8444

*All procedures, FTM and MTF (including vaginoplasty) through center for transgender surgery.

*Most insurance accepted including Medicaid.

Nadeem A. Chadhry, MD 8411 Seventh Ave Brooklyn, NY 11228 718.921.4181

*Revisions, Silicon removal, Trachea shave, Breast Augmentation

*Most private insurance plans

Mark Filstein, MD 161 Madison Ave, Suite 4E New York, NY 10016 212.481.4041 info@markfilstein.com http://www.markfilsteinmd.com/

- All procedures, FTM and MTF
- Insurance not accepted, but discounts and financing available.

Michael Fiorillo, MD 150 S. Pearl Street Pearl River, NY 10965 866.537.0954 http://www.drfiorillo.com/ •Breast Augmentation FFS •Most private insurance

Brain Gilchrist, MD 750 Washington St Boston, MA 02111 617.636.1069

Surgeons (continued)

Daniel Kaufman, MD 2120 Ocean Ave Brooklyn, NY 11229 718.705.4251 http://discreetplasticsurgery.com/

- FTM top surgery and MTF breast augmentation
- Most insurance plans accepted including Medicaid

Jamie Koufman, MD The Voice Institute of New York 200 West 57th Street, Suite 1203 New York, NY 10019 212.463.8014 http://www.voiceinstituteofnewyork.com/ * Trachea Shave

Jeffrey Rockmore, M.D. 455 Patroon Creek Blvd. #101 Albany, NY 12206 518.438.0505

http://www.theplasticsurgerygroup.net/surgeons/rockmore.cfm

Albany plastic surgeon who performs facial rejuvenation, breast enhancement, body contouring, cosmetic and reconstructive surgery. Has been recommended for respect and proficiency in performing FTM and MTF reconstructive chest surgeries.

Alexes Hazen, MD 305 E 33rd Street New York, NY 10016 646.501.4480

http://nyulangone.org/doctors/1003820366/alexes-hazen

- FTM and MTF Top Surgery
- Many private insurance plans accepted including Medicare

Thomas Huntsman, MD Bassertt Healthcare Network - FoxCare Center The Gender Wellness Center at Susquehanna Family Practice 5432 State Highway 7, Suite 103 Oneonta, NY 13820 607.547.3080

Melissa Johnson, MD Pioneer Valley Plastic Surgery 100 Wason Ave. Springfield, MA 01107 413.731.7877 www.pioneervalleyplasticsurgery.com

FTM top surgery, MTF breast augmentation.

Surgeons (continued)

Christine N. McGinn, MD Papillon Center: Gender Wellness Clinic 18 Village Row, Suite 43 New Hope, PA 18938 215.693.1199

http://drchristinemcginn.com

Hormone therapy, facial feminization all gender confirmation surgeries for FTMs and MTFs (bottom surgery included) electrolysis, mental health therapy.

John M. Taylor, MD, FACS, FICS Allure Plastic Surgery Center 194 Route 35 Red Bank, NJ 07701 732.707.1932 drtaylor@comcast.net

Cosmetic facial work, MTF breast augmentation, FTM top surgery.

Robert Schwarcz, MD 135 E. 71st Street New York, NY 10021 212.396.4400 Or 14 Harwood Ct. Suite #217 Scarsdale, NY 10583 914.363.8644 http://www.naturalfacedr.com/

- FFS
- Out-of- network, financing

Douglass Senderoff, MD 461 Park Ave South 7th Floor New York, NY 10016 212.481.3939 Or 90 South Ridge Street Rye Brook, NY 10573 914.934.5000 http://www.drsenderoff.com/

- MTF Top surgery
- Most private insurance plans
- Interest free financing

Joseph Silletti 1650 Selwyn Ave Bronx, NY 10457 718.960.1033

^{*} Orchiectomy * Most insurance plans accepted including Medicaid

Surgeons (continued)

Stacy Silvers, MD 161 Madison Ave #11w New York, NY 10016 212.213.3339

https://madisonent-facialplasticsurgery.com/about-us/dr-silvers/

- Otolaryngologist
- Most private insurance plans

Jeffrey Spiegel, MD, FACS 1200 Boylston St Chestnut Hill, MA 02467 617.566.3223 http://www.drspiegel.com/

• FSS

Paul R. Weiss, MD 1049 Fifth Avenue, Suite 2D New York, NY 212.861.8000 http://www.paulweissmd.com/

- * MTF and FTM Top Surgery; FFS, Tracheal Shave;
- * Many Private insurance plans and Medicaid (bills manage care plan)

Mark L. Zukowski, M.D., F.A.C.S.

The Zukowski Center for Cosmestic Plastic Surgery
3612 W. Lake Avenue
Wilmette, Illinois 60091
847.853.8869

www.mizukowski.com

Email: contactus@mizukowskiffs.com

Thomas Huntsman, MD
Bassett Healthcare Network
1 Atwell Rd. Cooperstown, NY
13326
607.547.3080

<u>Urology</u>

James Barada, MD

Upstate Urology
1365 Washington Ave, Ste 102
Albany, NY 11206
518.446.9838

- * orchiectomy
- * Most private insurance plans, Medicare

Urology (continued)

Erik Todd Goluboff, MD 5141 Broadway New York, NY 10034 212.932.4520

http://www.drgoluboff.com/

- Orchiectomy
- Most insurance plans accepted including Medicaid Managed Care Plans

Aaron Grotas, MD 1800 Rockaway *Av*e Hewlett, NY 516.593.1838

http://www.aarongrotasmd.com/

- Orchiectomy
- Most insurance including Medicaid

Mantu Gupta, MD 625 Madison Ave, 2nd Floor New York, NY 10022 212.1272

- * Orchiectomy
- * Most insurance plans accepted including Medicaid Managed Care Plans

Jacob Heyman, MD 109 E 38th St New York, NY 10016 212.684.4900

- * Orchiectomy
- * Most insurance plans accepted including Medicaid Managed Care Plans

Elizabeth A Kavaler, MD
Total Urology Care
7 W 51st Street
New York, NY 10019
347.281.7037
https://www.totalurologycare.com/

Voice Training

Jack Pickering, PhD, CCC-SLP College of Saint Rose 1009 Madison Avenue, Room 243 Albany, NY 518.454.5236 pickerij@strose.edu

Voice training classes; a non-surgical method that attains realistic, safe results. The Department of Communication Sciences and Disorders of the College of Saint Rose in Albany, N.Y., offers a voice modification program for individuals in the transgender community, focusing on enhancing communication for male-to-female (MtF) transsexuals. Female-to-male (FtM) transsexuals are also welcome to take part in individual sessions in our clinical facility. The program includes weekly two-hour sessions that involve both group and individual intervention Graduate student clinicians team up with clients to work on voice and communication. Clients have the opportunity to explore their goals in a safe environment, with student clinicians acting as reflective listeners and supportive communication partners.

Voice Modification Program for People in the Transgender Community
Pauline K. Winkler Speech-Language-Hearing Clinic at the College of St. Rose 1009
Madison Ave
Albany, NY 12203
518.454.5236

Suicide Prevention

Saving Our Lives Massachusetts

Someone who is suicidal or their helpers may get assistance from:

Samaritans: 877.870.HOPE (4673)

Trevor Helpline: **866.4UTREVOR** (488.7386)

GLBT Helpline: 888.240. GLBT (4528)

Gay and Lesbian National Hotline: 888.843.4564

Mazzoni Center Family and Community Medicine Transgender Health Program 809 Locust St
Philadelphia, PA 19107
215-563-0658
transcare@mazzonicenter.org
www.mazzonicenter.org

Online Stores for Binders

FTM at Underworks

http://ftm.underworks.com/

USA/Canada: (800) 242-4224 International: 011-305-668-5151

info@underworks.com

FTM at Underworks is an online store for binders for FTM individuals. The site also includes information on how to measure for a binder and how to wear a binder.

Tranz-Forms

http://www.tranz-forms.com/

Tranz-Forms is an online business that was created with the mission of expanding and developing available resources and products for transgender consumers. The website includes a great deal of information about measuring for and wearing binders, as well as a list of transgender resources,

Hair Removal

American Laser Center 254 S Main St Suite 200 New York City, NY 10956 845.693.0003

Derma Laser Center 2645 South Rd Suite 7 Poughkeepsie, NY 12601 845.473.3762

Electrolysis Advantage Treatment Center Lisa McCarthy 12 Swan Drive Rexford, NY 12148 518.383.9652

Electrolysis by Susan Nasta, L.E, CPE 2777 Hylan Blvd Staten Island, NY 10306 845.567.3381 Or Town of Newburgh, NY 12550 917.596.9701

Hudson Valley Electrolysis Yolanda DeFelice Henry, CPE, CCE 383 Hooker Ave Poughkeepsie, NY 12603 845.473.4747