

**HEALTH REQUIREMENT CHECKLIST:**

This checklist is provided to guide you in completing all Wicker Wellness Center & NY State Health forms to meet your requirements to attend classes & move into campus housing.

**1) Register through the [Applicant Portal](#) and set up your Union Email**

\*\*\*All communications will come to students via their Union email

**Login to the [Student Health Portal](https://union.studenthealthportal.com/) (<https://union.studenthealthportal.com/>)**

Use your Union username and password (your username is your Union email address less the "@union.edu"). \*If you need your password reset, please contact ITS at 518-388-6400.

**In the [Student Health Portal](#), complete and sign the following online forms:**

- Emergency Contacts
- Health Insurance Information
- Medical Treatment Acknowledgement Form
- Personal Health History
- Release of Medical Information Form
- Tuberculosis Screening Form

**Scan and upload to the [Student Health Portal](#) copies of your most recent Physical Exam\*\* and Immunization Record. Forms are here: [www.union.edu/healthrequirements](http://www.union.edu/healthrequirements)**

\*Accepted file types: JPEG, PDF (recommended) and PNG. File size limit: 10 MB.

- Physical Examination (*dated within 1 year of arrival for non-athletes/within 6 months of arrival for athletes*)
- Immunization Record

**Wicker Wellness Center requires:**

- 2 Measles, Mumps, Rubella vaccines - (first dose given on or after first birthday)**
- 1 Tetanus/ Diphtheria/ Whooping Cough vaccine - within the past 10 years**
- 1 Meningococcal Booster vaccine - over the age of 16**

**2) Intercollegiate Athletes:**

**From the NCAA** "Everyone should know their sickle cell trait status. A student-athlete must provide their school with documented results from a previous sickle cell solubility test or they can undergo testing during their preparticipation medical examination." **Print and upload your sickle cell lab result** to the Health Portal **before August 9th, 2024**, or you will be held from preseason training in your sport.

**\*\*Note your physical must be dated within 6 months of your campus arrival date.**

**3) INSURANCE INFORMATION Domestic students are required to have health insurance and are automatically enrolled in the Union College Health Insurance which is United Healthcare Student Resources.**

- I have my own insurance and will waive this insurance **by August 9th, 2024** at the Haylor, Freyer, & Coon website. <https://www.haylor.com/college/union-college/>
- I do not have insurance. I will keep the Union College Health Insurance and pay the premium billed on my student account.

**International students will be automatically enrolled in a health insurance plan brokered by United Healthcare Student Resources. Coverage is mandatory and there are no waiver options.**

**4) If you plan on using our Lange's Pharmacy service, please phone them at 518-374-3324 and provide your insurance information and a credit card number.**