

HEALTH REQUIREMENT CHECKLIST

This checklist is provided to guide you in completing all Wicker Wellness Center and New York State health forms to meet your requirements to attend classes and move in to campus housing.

1. Register through the **Applicant Portal** and set up your Union email – all communications will come to students via Union email.
2. Login to the **Student Health Portal** (<https://union.studenthealthportal.com>) – use your Union email address, less the @union.edu. If you need your password reset, please call ITS at 518-388-6400.
 - (a) Complete the following **online** forms:
 - Health Insurance and Emergency Contacts**
 - Immunization Verification**
 - Health History**
 - Tuberculosis Screening**
 - Medical Treatment Acknowledgement**
 - Release of Medical Information**
 - (b) Scan and upload to the Student Health Portal a copy of your **Physical Exam**
 - For **non-athletes**: physical must be dated **within one year** of the start of the term
 - For **athletes**: per NCAA regulations, physical must be dated **within six months** and must state the **participant is cleared for sports**
 - (c) Scan and upload a copy of your **Immunization Record** with proof of:
 - 2 Measles, Mumps, Rubella (MMR) vaccines – first dose given on or after first birthday
 - 1 Tetanus/Diphtheria/Whooping Cough vaccine – within the past 10 years
 - 1 Meningococcal (Menveo or MenQuadfi) vaccine – over the age of 16
 - (d) **Athletes Only**: Scan and upload a copy of your newborn **Sickle Cell Lab Result** or a copy of recent sickle cell screening results. This is an NCAA mandate.

3. Health Insurance Information:

Domestic students are required to have health insurance and are automatically enrolled in the Union College health insurance plan unless waived.

International students are automatically enrolled in the Union College health insurance plan. Coverage is mandatory and there are no waiver options.

For insurance coverage information, please visit Haylor, Freyer & Coon at <https://www.haylor.com/union>