Internships in Psychology

Overview

Internships in Psychology allow students to gain real-world experience working in locations such as a hospital, psychiatric facility, advertising agency, or school. Students complete 100 hours of such applied experience per term, and undertake a significant academic project that is arranged with the faculty supervisor. Students may not be paid by the host organization. (One-term internship: psy480. A two-term internship spans two terms and earns two course credits. The first term is graded pass/fail; a comprehensive grade is assigned for both terms at the end of the second term: psy481 and psy482).

Planning your Internship

The first step in planning your internship experience is to decide what most interests you about psychology. Do you want to do research, or clinical work, or something in education? What sort of population do you want to work with? The next step is to conduct research to find suitable organizations from which you can gain the sort of experience that interests you. You can start by seeking advice from professors whose teaching and research relate to your area of interest. You might also examine the list of potential sites below for places that look appealing to you. You might also consider your own network: perhaps your parents or a friend’s parents or a family friend works in the field or knows someone who does and can offer advice and help. You can also check out the New York State Office of Mental Health website for information about various licensed programs in the area at OMH NY Directory.

Once you have narrowed down the list of sites to places that interest you, you will approach the organizations or institutions and offer yourself as an intern. Some of the sites listed below have welcomed Union students in the past and they will likely be familiar with the concept of a student internship and open to your request. And some of the sites have established volunteer programs that may provide you with a readymade internship or can be slightly tweaked to fit the requirements. Other sites may be unfamiliar with the internship concept, but open to your request. In order to maximize your chances of being accepted as an intern, you should make your approach in a professional manner. Send a letter or an email then follow it up with a phone call. Be sure to emphasize what you can offer the organization as well as what you want to get out of the internship. If you are asked to go for an interview, treat it as you would a job interview: dress professionally, be on time and be courteous.

In the planning stage, you may want to approach a few different sites at the same time so that you can visit and investigate whether they really are places where you want to spend your time. Bear in mind that it may take you some time to set up your internship with a particular site, so start your planning early.
Potential Internship Sites

**Clinical**

Albany County Crime Victim and Sexual Violence Center  
Harold L. Joyce Albany County Office Building  
112 State Street, Room 1118 | Albany, NY 12207  
Phone: (518) 447-7100  
Website  
Email

Albany County Department of Probation  
Albany County Rapid Assessment, Intervention, and Linkages Program  
60 South Pearl Street | Albany, NY 12207  
Phone: (518) 487-5200  
Website

Albany Damien Center  
646 State Street Albany, NY 12203  
Phone: (518) 449-7119  
Internship Website  
Email

Anxiety and Phobic Disorders Center at Pine Bush Mental Health  
1A Pine West Plaza Albany NY 12205  
Phone (518) 862-1665  
Email

Campbell House Psychological Associates  
101 State Street Schenectady, NY 12305  
Phone: (518) 346-0762  
Website  
Email

Center for Disability Services  
314 South Manning Blvd. Albany, NY 12208  
Phone: 518-437-5700  
Website
Community Hospice of Schenectady County
1411 Union Street Schenectady, NY 12308
Phone: (518) 377-8846
Website

Conifer Park
79 Glenridge Road Glenville, NY 12302
Phone: 1-800-989-6446
Website

Ellis Hospital
Department of Mental Health Services
1101 Nott Street Schenectady, NY 12308
Phone: 1.888.355.4746
Website

Four Winds Hospital
30 Crescent Avenue Saratoga Springs, NY 12866
Phone: (518) 584-3600
Website

Gilda's Club Capital Region NY
8 Wade Road Latham NY 12110
Phone: (518) 782-9833
Website
Email

Northeast Parent & Child Society
530 Franklin Street Schenectady NY 12305
Phone: 518-346-1284
Website
Email

Fran Altshuler, Associate Director of Volunteers and Student Interns
Pathways Nursing and Rehabilitation Center
1805 Providence Avenue Niskayuna NY 12309
Phone: (518) 374-2212
Website
Email
Rehabilitation Support Services, Inc.
Albany & Schenectady Counties
314 Central Avenue Albany NY 12206
Phone: (518) 462-1094

RID-USA, Inc. (Remove Intoxicated Drivers)
Phone: 1-888-283-5144
Website

Saint Peter’s Addiction Recovery Center (SPARC)
3 Mercycare Lane Guilderland NY 12084
Phone: (518) 452-6700
Website

Samaritan Hospital
Department of Behavioral/ Mental Health Services
2215 Burdett Avenue Troy NY 12180
Phone: (518) 271-3374
Website

Samaritan Hospital
Sexual Assault and Crime Victims Assistance Program
2215 Burdett Avenue Troy NY 12180
Phone: (518) 271-3257
Website

Samaritan Counseling Center
220 North Ballston Avenue Scotia NY 12302
Phone: (518) 374-3278
Website

Samaritans Suicide Prevention Center
650 Warren Street Suite 1 Albany, NY 12208
Phone: (518) 689-4673

Saratoga Hospital and Nursing Home
Saratoga Hospital Psychiatric Inpatient Unit
211 Church Street Saratoga Springs NY 12866
Phone: (518) 587-3222
Website
Sexual Assault and Crime Victims Services
Planned Parenthood Mohawk Hudson
1040 State Street Schenectady NY 12307
Phone: 518-374-5353
Website

Sunnyview Rehabilitation Hospital
Psychology Group
1270 Belmont Avenue Schenectady NY 12308
Phone: (518) 382-4500
Website

Wesley Health Care Center
131 Lawrence Street Saratoga Springs NY 12866
Phone: (518) 587-3600
Website

YWCA-Domestic Violence Shelter
44 Washington Avenue Schenectady NY 12305
Phone: (518) 374-3394
Website

**Educational**

Boys & Girls Clubs of Schenectady
400 Craig Street Schenectady NY 12307
Phone (518) 374-4714
Website

Head Start Albany County
Albany Community Action Partnership
333 Sheridan Avenue Albany NY 12206
Phone: (518) 463-3175 Fax: (518) 463-8185
Website
Email

Head Start Saratoga County
39 Bath Street PO Box 169 Ballston Spa NY 12020
Phone: (518) 288-3206
Website
Head Start Schenectady County (SCAP)
913 Albany Street Schenectady NY 12307
Phone: (518) 374-9181 Fax: (518) 374-9190

Parsons Child and Family Center
60 Academy Road Albany NY 12208
Phone: (518) 426-2868
Website

Schenectady City School District
108 Education Drive Schenectady NY 12303
Phone: (518) 370-8100

Kate Abbott, Director of Instructional Support
Phone: (518) 370-8100, ext. 40107 or 40105
Email