COVID-19 Daily Checklist

Please review this checklist every day before reporting to work. If your answer is yes for any of the following questions, stay home, and contact your healthcare provider and notify your supervisor.

- Temperature is 100 F or higher

- One or more of the following symptoms are present:
  a fever or chills
  cough
  shortness of breath or difficulty breathing
  fatigue
  muscle or body aches
  headache
  new loss of taste or smell
  sore throat
  congestion or runny nose
  nausea or vomiting
  diarrhea

- Have you knowingly been in close or proximate contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had COVID-19 symptoms?

- Have you tested positive for COVID-19 in the past 14 days?

- Have you experienced any COVID-19 symptoms in the past 14 days?

- Have you traveled out of New York State within the past 14 days? If yes, list state names and dates of stay and provide this information to your supervisor.

For more information, contact Liz Dobson-Davis at dobsonde@union.edu